

Adaptive Behavior – Informal Measure
Middle & High School
Higher Functioning

NAME: _____

Adaptive behavior refers to an individual's everyday coping with environmental demands and includes the skills in daily living that people perform to care for themselves and relate to others. This behavior includes the degree to which they can function independently and responsibly at an age appropriate level and meet culturally imposed social demands. Please be very specific *using classroom/life examples* about the following areas for the student.

Communication (use of language receptively and expressively, written forms, oral expressions, verbal comprehension, etc.)

Self Care (personal hygiene, grooming skills, toileting, feeding and dressing skills)

Self Direction (dependability, responsibility, initiative, motivation, persistence)

Functional Academics (math, reading, spelling and written proficiency and levels)

Social Skills (relating with others, use of play, engagement in groups, reciprocity)

Health & Safety (knowledge of surroundings, awareness of dangers, concept of time, knowledge/use of money, wary of strangers)

Leisure (use of leisure time, hobbies, interests)

Work (punctuality, task completion, comprehension/knowledge of responsibilities, ability to do work)

Home Living (level of independence, home responsibilities, contribution to family)

Community Use (involvement with the community, participates in organized leagues, sports, clubs, church)

Teacher's Signature

Date

FORM CCC